

# Integrity is choosing to be truthful in whatever you say and do.

## DAY 1

### Read Proverbs 10:9

This month is all about integrity – choosing to be truthful in whatever you say and do. This can be hard to do. But, when you have integrity with your whole life, it can help you keep safe and stay out of trouble.



### Crooked vs. Straight

Find index cards or scraps of paper. Number the cards and write one word from the verse on each card. Scatter the cards all over the floor and try to jump from one card to the next without falling onto the floor. Can you make it without tripping up? Try this a few times. Then, place the cards in number order in a straight path and try again. Which was easier? Remember that living with integrity leads to safety and keeps you out of trouble.



## DAY 2

### Read 1 Peter 3:16

It never feels good to be blamed for something that wasn't your fault. But if that does happen, we should still respond with wisdom. Why? Because eventually, the truth will come out. The small choices you make every day to be honest with your words and actions are important. Focus on what God thinks about you instead of what other people say. Keep choosing to be truthful with your whole life. Grab a sheet of paper and write out the first part of that verse:

“Live so that you don't have to feel you've done anything wrong.” 1 Peter 3:16a, NIRV

Tape it somewhere you'll see it every day this week to remind you to make the wise choice and live with integrity.

DAY 3

### Read Luke 16:10

Do you know what the word “reputation” means? Basically, it’s what people think or say about you when you’re not around.

Do you want to be seen as someone who can be trusted? Well, today’s verse has a very big clue how to make that happen!

Every honest and wise choice you make today, even the small ones, help you build a life of integrity. Being truthful with your words and actions now builds trust with the people around you.

Think about a time this week when you made a small decision to be honest. How did that one small decision help others trust you? Write your answer in the space below.

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DAY 4

### Read Proverbs 11:3

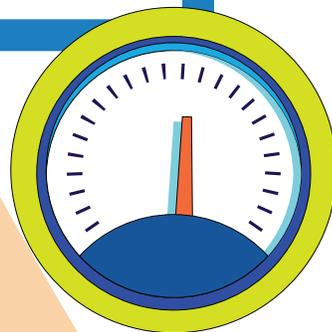
Have you ever used a map to find something before? It helps to have someone or something to guide you when you aren’t sure where to go or what to do.

Integrity is like a map. When you choose to live honestly, it will always lead you in the right direction. Choosing truthful words and doing the right thing even when no one else is looking will always keep you out of trouble.

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#### Treasure Hunt

To remind you of this truth, find something in your room that could represent a treasure. It could be a favorite sports medal or a special rock or jewel. Hide your treasure. Then create a treasure map that can help someone find it. Once you’re finished, help a sibling or a parent hunt for the treasure and share today’s verse and talk about being truthful with your words and actions.



**Be truthful with  
your whole life.**